

# How to get better results with PhotoReading

Dear friend,

Thank you for purchasing **The PhotoReading Course** and congratulations on your decision to improve your life. The material in the workbook and audiotapes has been specially prepared to show you how to do just that.

Having promoted PhotoReading for many years, we have had lots of feedback and questions about how best to get the most out of the course. Let this report be your "road map" through the enclosed materials. It will make your experience of the method as simple and as profitable as possible.

Before you begin, please notice that your Audio Course is made up of eight audio tapes, with an accompanying workbook, The PhotoReading book, The Learning to Learn book, a dictionary and the Memory Supercharger Paraliminal tape.

Please work with these tapes in order. Work at your own rate, allowing enough time for you to gain the benefit that each tape has to offer. Each tape corresponds with the workbook. This will make it easy for you to follow along in the workbook, if you choose. Each tape is designed to build a solid foundation for the work that follows on the next tape.

Please remember that it's not enough just to listen to the tapes. You must be an active **participant**. The first time you listen to the tapes it is a good idea to give them your full attention. After that, you can listen to them in any setting you choose. You will also get a lot more from the course if you **complete the exercises as set out in the workbook**. However, in the unlikely event that you do decide to return these tapes, please make sure that the workbook, the tapes, books and the album are in good condition to qualify for a full refund.

A word about work: Most of us believe in the adage "no pain no gain." As you work with PhotoReading I'm sure you will discover that this isn't true. So, rather than working with this method, allow yourself to engage in it as an exploration of all that is truly possible for you.

As you begin to use The PhotoReading Whole Mind System, you will be gaining a tool that will be with you for the rest of your life. For over 10 years people just like you have been using this powerful technique to radically improve their lives and achieve their goals.

**The following questions and answers will help you get the most from your tape course. In addition to reading them now, review them as needed as you listen to the tapes.**

### **How long does it take to learn how to PhotoRead?**

That's up to you. The tapes will start teaching you the process of PhotoReading immediately. However, the rapidity of you seeing measurable results depends on how much time you have available to go through the tapes and how much you apply what you are learning.

Most people take between 2 and 6 weeks to complete the course first time through. However there is no rush and the technique does come much easier if you do not put yourself under pressure to perform.

Also like all things the more you become acquainted with the technique, you will become more proficient - it gets easier and faster the more you do it.

### **Do I have to change my beliefs or believe something new?**

The interesting thing about beliefs is summed up by a quote from Henry Ford – *“Whether you believe you can or believe you can not you are probably right!”*

Before learning how to PhotoRead, most people read one word or syllable at a time, sub-vocalising as they go. This is exactly how most of us were taught to read back in primary school. It was a great way to learn but does not serve us best for high performance.

However, because this is a successful way to read, we can get trapped into believing it is the only, or right way, to do it. In order to do something different though it is often better to put the old things aside for a while. This enables you to better experiment with learning the new subject or technique – you can always go back to the old way afterwards if you choose.

If you want extra support with letting go of limiting beliefs please contact us about Paul Scheele's *Belief* tape.

### **What if I wear glasses to read?**

There is no problem with wearing glasses of any kind, many PhotoReaders do. You can get into Photofocus with or without them on. Experiment for yourself to see which works best for you.

### **What if I don't get a great result from the dictionary game?**

Go on with the course. Later you will have an opportunity to come back to the dictionary game. Most people get it right away, but success with the dictionary game is not necessary for success with the PhotoReading whole mind system.

I actually only scored 1 out of 9 the first time I did the course, it was only that my wife scored 9 out of 10 that persuaded me to carry on. I am glad I did because when I did the course again I managed 4 out of 5 correct!

### **How soon should I be able to PhotoRead at amazing speeds?**

Let's say you would normally need to spend 10 hours to "regular read" one of your books now. A beginning PhotoReader can take the same book, spend 3 hours, and achieve better comprehension with long-term memory. In those 3 hours, they will have 3 to 6 passes through the book cover-to-cover in 30-minute Activation sessions, building layers of comprehension and understanding. And, with use, it drops from 3 hours to 2 hours, and so forth.

### **What should I do if I find myself getting caught back up into old patterns of reading?**

Chances are this will happen. PhotoReading is not brainwashing. It gives you more choices to do the same task, pretty much like having transport. If you have plenty of time and want to take your time to get to a destination and enjoy the view along the way you can walk. If you want to accelerate your progress you can choose to take a form of transport. It is great to stroll when you can, however in today's fast paced world, it is a necessity to have the faster option when you need it.

### **What does it feel like to activate information?**

This is an interesting question and the answer is probably as individual as the person experiencing the activation.

For me I can only explain it as having a hunch about something and trusting it enough to voice it. As I do I find further thoughts begin to flow and before I know it, a stream of information begins to pour forth. Other people have said that once they started they felt they couldn't write fast enough to keep up with the flow.

Be sensitive to intuitive thoughts and hunches as this can be how the other than conscious mind communicates with the conscious mind.

### **What if I have problems with activating what I have PhotoRead?**

Nearly every PhotoReader has the experience of PhotoReading and then knowing specific information from the text. This is called spontaneous activation. It is typically not something you can plan for and not something most people can do on demand. That is why activation techniques were developed and woven into the PhotoReading whole mind system.

I have found the following methods most useful for me; firstly I do the super reading and dipping then I “Mind Map” (explained in detail in the course) chapters and books plus I discuss what I have PhotoRead with someone else.

Try to get hold of a book that they have read, PhotoRead it yourself and talk about the book. If you feel you cannot remember anything, let them start talking about it, you will find that information will start to activate within the discussion.

Also make sure you take full advantage of the Memory Supercharger Tape, it really is a powerful tape and I advise that you use it every night whilst you are learning the course.

### **What if I'm not sure I'm getting it or I need some assistance?**

We are here to help you. We have a 24hr help line, so if you are a night owl you can contact us in the evening. We staff our office between 9.00am and 5.30pm however the phones are always answered. If you do call after office hours one of the night staff will take your name, number and message and we will call you back the very next day. The same applies if you choose to email us.

Our number in the UK is 01189 483444 and the email address is [help@lifetools.com](mailto:help@lifetools.com)

## **IMPORTANT**

- **It is important to listen to and work with all nine tapes before drawing any conclusions about the effectiveness of this program.**
- **Utilise the whole 60-day trial period – make the most of your opportunity to grow! Use the course several times if needs be and share it with family, friends and colleagues, the more support you have the**

**better.**

- **Use the Memory Supercharger tape regularly – especially when learning the technique, it is like the fuel that powers the engine.**
- **Review this letter whenever you need to for further suggestions.**
- **You can also call us for support 9:00 AM to 5:30 PM Monday-Friday in the UK at 01189 483444.**

Congratulations on having begun the process of transforming your whole life for the better. The more you put into this program the more you will get out of it. And you will find the results are both cumulative and increase over time.

Have fun with the course and please do let us know about your successes.

Warmest regards,

Chris Payne  
Managing Director  
LifeTools